



## Promoting Health and Hygiene - Nappy Changing and Toileting

### Policy Statement

At Whitsers no child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### Procedures

**ONLY STAFF MEMBERS/COMMITTEE THAT HOLD A CURRENT DBS CERTIFICATE ARE ALLOWED IN THE BATHROOM.**

- All staff regularly remind children to use the bathroom throughout the morning. Children in nappies are changed mid-morning or as required if they have soiled.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own peg and parents are encouraged to leave a change of clothes and spare nappies or 'pull ups' and changing wipes in a bag.
- Gloves and aprons are put on before changing starts and the areas are prepared. The changing mat is cleaned after each use with Milton solution.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies and log any changing of nappies or clothing on the Intimate Care Sheet which is displayed in the bathroom (see separate Intimate Care Policy).
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and paper towels to hand. They are allowed time for some play as they explore the water and the soap. A board is displayed in the bathroom with pictures and words to promote hand washing and staff constantly remind the children of invisible germs and the effects they have on our bodies.
- Activities are planned to encourage hand washing and photos displayed to encourage using 1 or 2 paper towels.

Document Name	Revision Number	Revision
Nappy Changing and Toileting Policy	4	
	21/05/2017	
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- Staff are gentle when changing; they avoid pulling faces and making negative comment about nappy contents.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies
- Children have access at all times to the toilet when they have the need to and are encouraged to be independent.
- Nappies and pull ups are disposed of hygienically. The nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and double bagged for the parent to take home.

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